



# The Pregnancy Project

# 2018/2019 Directory

## Acupuncture

Meliora Family Medicine PLLC  
www.jessicadavismd.com  
518-664-6116  
Stillwater, NY 12170

## Baby Nurse

NY Baby Co.  
www.nybabyco.com  
518-712-9767

## Babywearing Educator

The Bundle Store  
Amber Chaves  
www.thebundlestore.com  
518-557-8809  
40 Front St. Ballston Spa, NY 12020

## Birth Doula

Arrow and Root Family Solutions  
www.arrowandroot.com

Heart Tree Birth Services  
www.hearttreebirth.com  
518-595-9449

Melia Gordon Yoga  
www.meliagordon.com  
518-882-8143

NY Baby Co.  
www.nybabyco.com  
518-712-9767

The Doula Network  
www.thedoulanetwork.org  
thedoulanetwork@gmail.com

Vocal Birth Doula Services LLC  
www.vocalbirth.space  
940-393-6097

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Birth Educator

Heart Tree Birth Services  
www.hearttreebirth.com  
518-595-9449

NY Baby Co.  
www.nybabyco.com  
518-712-9767

The Doula Network  
www.thedoulanetwork.org  
thedoulanetwork@gmail.com

Vocal Birth Doula Services LLC  
www.vocalbirth.space  
940-393-6097

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Bodywork Professional

To the Moon and Back Care  
www.tothemoonandback.care  
518-951-9660  
40 North Main Street  
Second Floor, #12  
Gloversville, NY

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Chiropractor

Magnolia Chiropractic  
www.magnoliachiropracticny.com  
518-608-4446  
8 Corporate Circle  
Albany, NY 12203

Saratoga Chiropractic  
www.saratogachiropractic.com  
(518)435-1280 (option 4)  
376 Broadway Suite L4  
Saratoga Springs, NY 12866

## Cloth Diaper Resource

The Bundle Store  
Amber Chaves  
www.thebundlestore.com  
518-557-8809  
40 Front St.  
Ballston Spa, NY 12020

## Family Medicine Practitioner

Meliora Family Medicine PLLC  
www.jessicadavismd.com  
518-664-6116  
PO Box 173, 781 Hudson Ave suite 2  
Stillwater, NY 12170

## Financial Planning

Tambra Estill, Financial Planner  
757-687-9161  
tambra.estill@gmail.com

## Functional Medicine Practitioner

Meliora Family Medicine PLLC  
www.jessicadavismd.com  
518-664-6116  
PO Box 173, 781 Hudson Ave suite 2  
Stillwater, NY 12170

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## Healing Arts Practitioner

Kindnest  
www.kind-nest.com  
518-461-5352  
1 Rosell Dr. Ballston Lake, NY

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Infant Massage Instructor

The Bundle Store  
Amber Chaves  
www.thebundlestore.com  
518-557-8809  
40 Front St.  
Ballston Spa, NY 12020

## Lactation Consultant/Counselor

Arrow and Root Family Solutions  
www.arrowandroot.com

Melia Gordon Yoga  
www.meliagordon.com  
518-882-8143

NY Baby Co.  
www.nybabyco.com  
518-712-9767

The Doula Network  
www.thedoulanetwork.org  
thedoulanetwork@gmail.com

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Massage Therapist

NY Baby Co.  
www.nybabyco.com  
518-712-9767

## Midwife

The Doula Network  
www.thedoulanetwork.org  
thedoulanetwork@gmail.com

## Photographer

Erin Marie Photography  
www.erinmariephotog.com  
(518) 321-0981

Nicole Maddalone Photography  
www.nicolemaddalonephotography.com

## Post Partum Doula

Melia Gordon Yoga  
www.meliagordon.com  
518-882-8143

NY Baby Co.  
www.nybabyco.com  
518-712-9767

The Doula Network  
www.thedoulanetwork.org  
thedoulanetwork@gmail.com

Vocal Birth Doula Services LLC  
www.vocalbirth.space  
940-393-6097

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Reiki Master Teacher

Women's Integrative Health  
www.womensintegrativehealthny.com  
518-307-9810

## Infant/Child Sleep Coach

BINX - Ilissa Goman  
www.BinxBaby.com  
518-309-2469

## Support or Advocacy Group

ICAN of the Capital District  
www.ican-online.org/capitaldistrict

The Doula Network  
www.thedoulanetwork.org  
thedoulanetwork@gmail.com

## Yoga Instructor + Pregnancy/Postpartum Fitness Instructor

Melia Gordon Yoga  
www.meliagordon.com  
518-882-8143

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DIRECTORY CAN BE  
FOUND ON  
PREGNANCYPROJECT.COM

